

The Club 2G Luach February 2026

- ◆ February is **Book Month**—join our Book & Movie Club, come with us to the gorgeous J.P. Morgan Library, create book marks and book covers.....!
- ◆ **NEW CLASS! Jewish Literacy—Exploring Ancient Texts** with Peydouth Fleischer on Wednesdays, beginning 2/18
- ◆ We are trying out a **new nutritionist**, Chana Levovitz, this month. Let’s see if all goes well—same time slot as before, Mondays at 11:30, in Room 2G.
- ◆ Note our **new bulletin board** located in the lobby, next to the elevator. Keep an eye on it, since that is where we will post any program changes/cancellations!
- ◆ **Pre-Purim Party**, February 24 — REGISTER IN ADVANCE!
Simonne Hirschhorn, 2G Program Director

OVERNIGHT TRIP TO CONNECTICUT

Departure: *Tuesday, March 10 at 9:00 am*

Return to the Y: *Wednesday, March 11 at 6:00 pm*

The only way to apply is to fill out a form online!

We will send out an email with a link to the form on February 10, when we start accepting applications!

(You must have your own email address in order to do this—there is still time to create an email account if you don’t have one!)

➔ **Please note that you are not assured of participation until you receive a confirmation email from us!** These emails will be sent out during the last week of February, and will include information & tentative schedule. (A detailed schedule will be provided on the morning of the trip)

Club 2G Trip This Month:

| <u>DATE & TIMES</u> | <u>WHERE TO</u> | <u>INFO</u> | <u>NOTE!</u> |
|---|--|--|---------------------------------|
| <u>Wednesday, February 11</u> Gather in Lobby: <u>10:15</u> Departure: <u>10:30</u> Return to the Y: <u>4:00</u> | Barnes & Noble and Morgan Library Manhattan | In line with our Book Month theme we will visit the book store Barnes & Noble, which also sells numerous other nice things; then we get a guided tour of the gorgeous, historic Morgan Library, where endless treasures are on display. | Registration begins: 2/4 |
| <u>Thursday, February 19</u> Gather in Lobby: <u>9:45</u> Departure: <u>10:00</u> Return to the Y: <u>2:30</u> | American Folk Art Museum Manhattan | We’ll visit the exhibit <i>An Ecology of Quilts: The Natural History of American Textiles</i> , which brings together approximately 30 examples, spanning the 18th to 20th centuries, from the Museum’s rich collection of more than 600 quilts Together with Club Nissim | Registration begins: 2/4 |
| <ul style="list-style-type: none"> • If you arrive later than 15 minutes before departure you risk losing your spot to someone from the waiting list. Once your spot is lost you will not get it back! • NOTE that shopping carts, baby strollers, and the like, are <u>not admitted</u>. Walkers/rollators, provided they fold flat, are admitted only if noted above • Unless noted otherwise, you will need to bring your own lunch/drinks/snacks | | | |

Club 2G — February 2026

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|---|---|
| <p>2 Tu BiSh'vat 10:30-11:30 Exercise (Senior Center) 11:30 Nutrition with Chana Levovitz (Room 2G) 1:00 Tu BiSh'vat Seder (Room 16) 2:00 Mah Jongg (Room 11!)</p> | <p>3 10:00 Internal Engineering/Rosie /Room11 10:30-11:15 Chair Yoga (Senior Ctr) 11:20-12:05 Mat Yoga (Dance Studio) 1:00 The Jewish Armchair Traveler Takes You to Tiveriah: with Rebecca (Computer room)</p> | <p>4 10:00-11:00 Workout (Senior Center) 11:30-12:30 Look out for a new class coming up in this slot! 1:00 Make Beautiful Bookmarks with Blimie (Room 11)</p> <p>REGULAR TRIP REGISTRATION begins TODAY at 10:00 am. NO phone calls or emails before then!</p> | <p>5 10:00 Internal Engineering/Rosie /Room11 10:00-1:00 Screenings /Rafael Birgé (Sr Ctr) 11:00-11:40 Tai Chi / Rosie (Dance Studio) Join the 1st Generation for: 11:00-11:50 Parshas Hashavuah Shiur by Rivka Gibber (Room 16) 12:00 "Sugars—Good & Bad" with Suri Rabinowitz (Room 2G)</p> | <p>6 10:00-11:00 Exercise (Senior Center)</p> |
| <p>9 10:30-11:30 Exercise (Senior Center) 11:30 Nutrition with Chana Levovitz (Room 2G) 1:00 "Am I Stressed or Am I Anxious?" with Rebecca Weingarten (Room 2G) 2:00 Mah Jongg (Room 16)</p> | <p>10 10:00 Internal Engineering/Rosie /Room11 10:30-11:15 Chair Yoga (Senior Ctr) 11:20-12:05 Mat Yoga (Dance Studio) 1:00 Make a Flower Bracelet Jewelry Workshop with Estie L (Room 2G)</p> <p>OVERNIGHT TRIP REGISTRATION begins TODAY at 10:00 am. Online applications only!</p> | <p>11 10:00-11:00 Workout (Senior Center) 11:30-12:30 Look out for a new class coming up in this slot! 1:00 Pan-Seared Dumplings with Rivkie Witriol (Room 11)</p> <p>10:00 TRIP: Morgan Library LIMITED AVAILABILITY — MUST REGISTER IN ADVANCE!</p> | <p>12 10:00 Internal Engineering/Rosie /Room11 10:00-1:00 Screenings /Rafael Birgé (Sr Ctr) 11:00-11:40 Tai Chi / Rosie (Dance Studio) Join the 1st Generation for: 11:00-11:50 Parshas Hashavuah Shiur by Rochel Leah Kohn (Room 16) 12:00 "Sugars—Good & Bad" with Suri Rabinowitz (Room 2G)</p> | <p>13 10:00-11:00 Exercise (Senior Center)</p> |

Club 2G — February 2026

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|---|---|
| <p>16 10:30-11:30 Exercise (Sr Ctr) 11:30 Nutrition with Chana Levovitz (Room 2G) 1:00 “Am I Stressed or Am I Anxious?” with Rebecca Weingarten (Room 2G) 2:00 Mah Jongg (Room 16)</p> | <p>17 Rosh Chodesh Adar 10:00 Internal Engineering/Rosie /Room11 10:30-11:15 Chair Yoga (Senior Ctr) 11:20-12:05 Mat Yoga (Dance Studio) 1:00 Découpage Vase w Blimie (Room 11) LIMITED AVAILABILITY—MUST REGISTER IN ADVANCE! 2:00 New Horizons: “Sight” (Impoverished Chinese prodigy flees Communist China to become a pioneering eye surgeon in America) (Room 16)</p> | <p>18 Rosh Chodesh Adar 10:00-11:00 Workout (Senior Center) 11:30 NEW CLASS! Jewish Literacy with Peydouth Fleischer (Room 2G) 1:00 Make a Beautiful Book Cover with Blimie (Room 11) BRING A BOOK THAT YOU WANT TO COVER!!! (MAYBE YOUR TEHILLIM?)</p> | <p>19 10:00 Internal Engineering/Rosie /Room11 10:00-1:00 Screenings /Rafael Birgé (Sr Ctr) 11:00-11:40 Tai Chi / Rosie (Dance Studio) 11:00-11:50 Parsha/Rivka Gibber (Room 16) 12:00 “Fats—Good & Bad” with Suri Rabinowitz (Room 2G) 1:00 NEW! Book & Movie Club (Book) with Rebecca W (Room 2G) MUST BE REGISTERED</p> <div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>10:00 TRIP: American Folk Art Museum LIMITED AVAILABILITY — MUST REGISTER IN ADVANCE!</p> </div> | <p>20 10:00-11:00 Exercise (Senior Center)</p> |
| <p>23 10:30-11:30 Exercise (Sr Ctr) 11:30 Nutrition with Chana Levovitz (Room 2G) 1:00 “Am I Stressed or Am I Anxious?” with Rebecca Weingarten (Room 2G) 2:00 Mah Jongg (Room 16)</p> | <p>24 10:00 Internal Engineering/Rosie /Room11 10:30-11:15 Chair Yoga (Senior Ctr) 11:20-12:05 Mat Yoga (Dance Studio)</p> <div style="background-color: #e0f2f1; padding: 5px;"> <p>2:00-4:00 PURIM PARTY</p> <ul style="list-style-type: none"> * Balloon Dance! * Refreshments! * Prizes for Disguises! <p>MUST REGISTER IN ADVANCE!</p> </div> | <p>25 10:00-11:00 Workout (Senior Center) 11:30 NEW CLASS! Jewish Literacy with Peydouth Fleischer (Room 2G)</p> | <p>26 10:00 Internal Engineering/Rosie /Room11 10:00-1:00 Screenings /Rafael Birgé (Sr Ctr) 11:00-11:40 Tai Chi / Rosie (Dance Studio) <i>Join the 1st Generation for:</i> 11:00-11:50 Parshas Hashavuah Shiur by Peydouth Fleischer (Room 16) 12:00 “Whole Food Eating” with Suri Rabinowitz (Room 2G) 1:00 NEW! Book & Movie Club (Movie) with Rebecca W (Room 16) MUST BE REGISTERED!</p> | <p>27 10:00-11:00 Exercise (Senior Center)</p> |



Programs are subject to changes and/or cancelations!

For the Men’s Program — see page 4!

NEW!

Book & Movie Club

This is how it works:

- Get the book from us—with a **refundable deposit of \$5**—and read it!
 - **First Meeting:** Have a snack, and discuss what you read!
- **Second Meeting:** Watch the movie adaption together and compare your impressions!

Two Thursdays per month at 1-2 pm

First meeting: February 19

First book: "Rebecca" — a romance/thriller by Daphne du Maurier

Moderator: Rebecca Weingarten

MUST REGISTER IN ADVANCE!

Give yourself enough time to read the book!!

NEW!



PROGRAM DIRECTOR: SIMONNE HIRSCHHORN
2G COORDINATOR: BLIMIE WERTZBERGER
SOCIAL WORKER: MALKY HERTZ, MSW
PROGRAM ASSISTANT: ESTHER GROSSMAN
PROGRAM AIDE: RAIZY BERENBAUM

OFFICE HOURS

MON-WED 10:00 – 3:00

THUR 10:00 – 1:00

MEN'S PROGRAM

EVERY TUESDAY

In Room 1 — 3rd floor

Hosted by Raphael Birgé

11:00—11:45: Improve Your Wellbeing!

Fitness Class that addresses your posture, mobility, strength, and range of motion!

12:00—1:00: "Hine Mah Tov...!"

Meet for inspiration, discussion, health talk, peer support — and a snack, of course!

1:00—2:00: Music & Memory

For more information, and/or to register for membership, please speak to us at 718-438-5921

Movies of the Month

On Club Nissim's Luach,
most Wednesdays at 1 pm, in Room 16

2/4: "Under the Greenwood Tree"

(Romance: Penniless Mr. Dewey competes for the hand of pretty school teacher Fancy...)

2/11: "That Darn Cat"

(Comedy: When kidnappers mistakenly abduct a maid, a teenager convinces a FBI agent that her cat has the only clue...)

2/18: "Housesitter"

(Comedy: Architect Steve Martin discovers that con artist Goldie Hawn has moved into his house while posing as his wife...)

2/25: None



CLUB 2G
Live Life Better

Club 2G at The Boro Park Y

for Second Generation Holocaust Survivors

4912 Fourteenth Avenue

Brooklyn, NY 11219

Phone: 718-438-5921, ext. 206

Mobile (only when we go on trips!): 332-238-6959

email: club2g@boroparky.org

website: www.club2gboropark.org

Recreational Day Program for Club 2G
Second Generation Survivors is supported
by a grant from JFNA.

