

Club 2G – March 2026

Monday	Tuesday	Wednesday	Thursday	Friday
2 Ta'anis Esther 10:30-11:30 Exercise (Senior Center)	3 	4 Shushan Purim 10:00-11:00 Workout (Senior Center)	5 10:00 Internal Engineering/Rosie /Room11 10:00-1:00 Screenings /Rafael Birgé (Sr Ctr) 11:00-11:40 Tai Chi / Rosie (Dance Studio) <i>Join the 1st Generation for:</i> 11:00-11:50 Parshas Hashavuah Shiur by Rivka Gibber (Room 16) 12:00 "Whole Food Eating" with Suri Rabinowitz (Room 2G)	6 10:00-11:00 Exercise (Senior Center)
9 10:30-11:30 Exercise (Senior Center) 11:30 Nutrition with Chana Levovitz (Room 2G) 1:00 "Focus on the Pesach Priorities!" with Rebecca Weingarten (Room 2G) 2:00 Mah Jongg (Room 16)		10 10:00 Internal Engineering/Rosie /Room11 10:30-11:15 Chair Yoga (Senior Ctr) 11:20-12:05 Mat Yoga (Dance Studio)	11 10:00-11:00 Workout (Senior Center)	12 10:00 Internal Engineering/Rosie /Room11 10:00-1:00 Screenings /Rafael Birgé (Sr Ctr) 11:00-11:40 Tai Chi / Rosie (Dance Studio) <i>Join the 1st Generation for:</i> 11:00-11:50 Parshas Hashavuah Shiur by Rochel Leah Kohn (Room 16) 12:00 "Handling Yom Tov" with Suri Rabinowitz (Room 2G)
Overnight Trip to Stamford, CT				

Club 2G – March 2026

Monday	Tuesday	Wednesday	Thursday	Friday
16 10:30-11:30 Exercise (Sr Ctr) 11:30 Nutrition with Chana Levovitz (Room 2G) 1:00 “How to Not Kill Anyone at the Seder Table” with Rebecca Weingarten (Room 2G) 2:00 Mah Jongg (Room 16)	17 10:00 Internal Engineering/Rosie /Room11 10:30-11:15 Chair Yoga (Senior Ctr) 11:20-12:05 Mat Yoga (Dance Studio) 1:00 Jewelry Workshop: Sparkly Bracelet with Estie Lifshitz (Room 2G)	18 10:00-11:00 Workout (Senior Center) 11:30 Jewish Literacy with Peydouth Fleischer (Room 2G) 1:00 “Gigi Hadid’s Spicy Vodka Pasta” with Rivkie Witriol (Room 11)	19 Rosh Chodesh Nisan 10:00 Internal Engineering/Rosie /Room11 10:00-1:00 Screenings /Rafael Birgé (Sr Ctr) 11:00-11:40 Tai Chi / Rosie (Dance Studio) 11:00-11:50 Parsha/Rivka Gibber (Room 16) 12:00 “Handling Yom Tov” with Suri Rabinowitz (Room 2G)	20 10:00-11:00 Exercise (Senior Center)
23 10:30-11:30 Exercise (Sr Ctr)	24 10:00 Internal Engineering/Rosie /Room11 10:30-11:15 Chair Yoga (Senior Ctr) 11:20-12:05 Mat Yoga (Dance Studio)	25 10:00-11:00 Workout (Senior Center)	26 10:00 Internal Engineering/Rosie /Room11 10:00-1:00 Screenings /Rafael Birgé (Sr Ctr) 11:00-11:40 Tai Chi / Rosie (Dance Studio) Join the 1st Generation for: 11:00-11:50 Parshas Hashavuah Shiur by Peydouth Fleischer (Room 16)	27 10:00-11:00 Exercise (Senior Center)
30 10:30-11:30 Exercise (Sr Ctr)	31 Erev Bedikas Chometz 10:00 Internal Engineering/Rosie /Room11 10:30-11:15 Chair Yoga (Senior Ctr) 11:20-12:05 Mat Yoga (Dance Studio)			

**Programs are subject to changes and/or cancelations!
 For the Men’s Group — see page 4!**