

# Club 2G – May 2026

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>4</b>  <b>10:30-11:30</b> Exercise (Senior Center)  <b>11:30</b> Nutrition with Rivka Shmaya (Room 2G)  <b>1:00</b> “Change—Good or Bad?” with Rebecca Weingarten (Room 2G)  <b>2:00</b> Mah Jongg (Room 16)</p> <p><b>TRIP REGISTRATION</b> begins <b>TODAY</b> at <b>10:00</b> am  <b>NO</b> phone calls <b>or</b> emails before then!</p>	<p><b>5</b>  <b>Lag Ba’Omer</b>  <b>10:00</b> Internal Engineering/Rosie /Room11  <b>10:30-11:15</b> Chair Yoga (Senior Ctr)  <b>11:20-12:05</b> Mat Yoga (Dance Studio)  <b>12:00</b> Lag Ba’Omer Party (Room 16)</p>	<p><b>6</b>  <b>10:00-11:00</b> Workout (Senior Center)  <b>11:45</b> Three Generations Meet: A group of 3<sup>rd</sup> generation survivors visit to share perspectives with Club Nissim and Club 2G Moderated by Malky Hertz (Room 16)  <b>NOTE THE TIME!</b>  <b>1:00</b> Jewish Literacy with Peydouth Fleischer (Room 2G)</p>	<p><b>7</b>  <b>10:00</b> Internal Engineering/Rosie /Room11  <b>10:00-1:00</b> Screenings /Rafael Birgé (Sr Ctr)  <b>11:00-11:40</b> Tai Chi / Rosie (Dance Studio)  <b>Join the 1st Generation for:</b>  <b>11:00-11:50</b> Parshas Hashavuah Shiur by Rivka Gibber (Room 16)  <b>12:00</b> “More About Skin” with Suri Rabinowitz (Room 2G)</p> <p><b>10:00 TRIP: American Dream Mall</b>  <b>LIMITED AVAILABILITY — MUST REGISTER IN ADVANCE!</b></p>	<p><b>8</b>  <b>10:00-11:00</b>  Exercise (Senior Center)</p>
<p><b>11</b>  <b>10:30-11:30</b> Exercise (Senior Center)  <b>11:30</b> Nutrition with Rivka Shmaya (Room 2G)  <b>1:00</b> “Change—Good or Bad?” with Rebecca Weingarten (Room 2G)  <b>2:00</b> Mah Jongg (Room 16)</p> <p><b>REGISTRATION</b> for Frick Collection begins <b>TODAY</b> at <b>10:00</b> am <b>NO</b> phone calls <b>or</b> emails before then!</p>	<p><b>12</b>  <b>10:00</b> Internal Engineering/Rosie /Room11  <b>10:30-11:15</b> Chair Yoga (Senior Ctr)  <b>11:20-12:05</b> Mat Yoga (Dance Studio)  <b>1:00</b> Tea Party with Flower Tea &amp; Flower Cookie Decorating for Shavuos /Blimie (Together with Club Nissim) (Room 16)</p>	<p><b>13</b>  <b>10:00-11:00</b> Workout (Senior Center)  <b>11:30</b> Jewish Literacy with Peydouth Fleischer (Room 2G)  <b>1:00</b> “The Jewish Armchair Traveler Takes You to: Yerushalayim—Part 1” with Rebecka Weingarten (Computer room)</p> <p><b>10:00 TRIP: Frick Collection</b>  <b>LIMITED AVAILABILITY — MUST REGISTER IN ADVANCE!</b></p>	<p><b>14</b>  <b>10:00</b> Internal Engineering/Rosie /Room11  <b>10:00-1:00</b> Screenings /Rafael Birgé (Sr Ctr)  <b>11:00-11:40</b> Tai Chi / Rosie (Dance Studio)  <b>Join the 1st Generation for:</b>  <b>11:00-11:50</b> Parshas Hashavuah Shiur by Rivka Gibber (Room 16)  <b>12:00</b> “More About Skin” with Suri Rabinowitz (Room 2G)  <b>1:00</b> Book &amp; Movie Club: “Pride &amp; Prejudice” — The Book, with movie clips to discuss / Rebecca Weingarten</p>	<p><b>15 Yom Yerushalayim</b>  <b>10:00-11:00</b>  Exercise (Senior Center)</p>

